### **Illicit Drug List**

The list below is current at the time of printing this pamphlet. DLRA may update this list from time to time. The most up-to-date list can be found at www.dlra.org.au

1.	Amphetamine
2.	Cannabis*
3.	Cannabis resin
4.	Cocaine
5.	Gammabutyrolactone (GBL)
6.	Gamma-Hydroxybutanoic acid (GHB)
7.	Heroin (diacetylmorphine)
8.	Lysergide (LSD)
9.	Methamphetamine
10.	3,4-Methylenedioxyamphetamine (MDA)
11	3,4-Methylenedioxymethamphetamine (MDMA)
12.	Opium
13.	Psilocine
14.	Psilocybine
15.	Tetrahydrocannabinol (THC)
16.	Methadone
17.	Morphine
18.	Oxycodone
19.	Fentanyl
20.	Pethidine
21.	Dimethylamphetamine
22.	Benzphetamine
23.	Ephedrine
24.	Methylephedrine
25.	Cathine (D-norpseudoephedrine

<sup>\*</sup> in any form, including fowering or fruiting tops, leaves, seeds or stalks, but not including Cannabis resin or Cannabis fbre

#### **In Good Hands**

The integrity of land speed racing is in good hands with the DLRA developing, implementing and managing various policies and procedures to protect participants from the dangers of:

Illicit Drugs
Competition Fixing
Anti-Doping
Alcohol Abuse



## Illicit Drugs in Sport TESTING

Safety is Everyone's Responsability

#### **Contact DLRA**

All land speed participants, at all levels are encouraged to contact the DLRA directly for more information or assistance with an integrity issue.

If you would like to contact the DLRA to obtain advice or to provide legitimate information pertaining to any integrity related matter within land speed racing. Please do so at; integritity@dlra.org.au

Phone: 0490 488 100

PO Box 349, Castlemaine VIC 3450

DRY LAKES RACERS AUSTRALIA www.dlra.org.au

#### **DLRA Testing**

\* What is the DLRA Testing?

The DLRA Testing is the drug testing program that will detect illicit drugs in CAMS licenced participants. Safety is the main objective and this will be achieved by the exclusion of participants from DLRA meetings if an illicit drug is detected in their sample.

DURA Testing will be administered by the DURA, with samples collected and analysed by an external service provider. The program has similar principles to police roadside drug testing.

The Who, What, When, Where, Howard Why of Testing

#### Who can be tested?

Any DURAlicenced driver, co-driver, entrent, navigator or official (participants).

#### What happens if an illidit drug is detected in my sample?

You could be excluded from participating in the meeting and may also receive further penalties.

#### What happens if I refuse to undergo DLRA Testing?

You'll be excluded from participating in the meeting and may also receive further penalties.

#### When and where will DLRA Testing occur?

It could be at any DLRA meeting.

#### Where can I find the most current list of illicit drugs?

On the DLRA website: www.dlra.org.au

#### Where can I get more information about DLRA Testing?

Call or email the DLRA offce 03 5472 4629 or

integrity@dlra.org.au

#### How will Testing be conducted?

Saliva samples will be collected and 'screened' onsite while you wait

#### How long does a test take?

About 15 minutes. The DLRA will endeayour to keep the impact to preparations of participants as low as possible.

#### Why is the DLRA doing this?

Safety. The DLRA aims to provide the safest possible environment forall by excluding participants from meetings if they have an illicit drug detected in their sample.

#### **Illicit Drugs in Motor Sport**

#### \*Don't Risk Your Health And Reputation

By using illicit drugs, you can seriously impair the way your mind and body function. For motor sport participants, this can have a major impact on your performance and even puts the health and wellbeing of others, including the public at risk. Away from the track, illicit drug use can seriously damage your personal life including work and relationships.

#### How Do Illicit Drugs Affect You?

Similar to being under the infuence of alcohol, your skills and decision making ability are impaired by using illicit drugs. For instance, illicit drugs can:

- increase your nervousness and irritability making it hard to concentrate
- · distort your judgement of time and distance
- cause dizziness or blurred vision
- slow down your decision making and response time
- impair your coordination

#### What's at risk?

If you use illicit drugs you are risking:

- your health
- the safety of other participants and the public
- the reputation of you, and the DLRA
- your motor sport career aspirations
- your sponsorship deals
- the respect of your peers, family, friends and the motor sport community

#### \*Remember:

The best way to protect yourself and others from the impact of illicit drug use is to decide not to use them!

#### \*Getting help

If you think you have a problem with drugs, or know someone who may have a problem with drugs, start talking. Talk to a counsellor, a health professional or someone else you can trust, such as a friend or family member.

For more information about illicit drugs or to get help please contact: 1800 250 015 (free call) or visit www.australia.gov.au/drugs

# How is the DLRA protecting our communities from illicit drug use?

Through the Illicit Drugs in Sport (IDIS) program, The DLRA in conjunction with the Australian Government, has been educating the motor sport and broader community about the dangers of illicit drugs since 2015.

The DLRA continues to show its commitment to reducing the impact of illicit drug use in the community through the IDiS program and the commencement of DLRA Testing. The DLRA will continue to educate participants on the dangers of illicit drug use and exclude any competitor or official from participating in DLRA meetings if they are impaired by illicit drugs.

#### More information about IDiS

www.dlra.org.au www.idis.gov.au

Further information can be found by visiting the DLRA website including:

- illicit drugs fact sheets
- · illicit drugs policy and testing procedure
- other related content such the CAMS Anti-Doping Policy

Keep an eye out for these new and ongoing initiatives:

- online training for offcials
- illicit drugs information sessions
- illicit drug communications to participants

